Unit 5 – Team challenge Team C – Jess, the chef p. 63 – CD 2 piste 22 – In°24

Jess: Hi, I'm Jess, I'm 20 and I'm from Camelford. Oh my God! The last 18 months have been so stressful but it is so worth it. I have learnt so much over the apprenticeship. I couldn't even cook pasta right. As you can see now, I have almost graduated, I have done it! It is so great! It's great!

It means a lot to me because before the programme I was anxious I was depressed; I don't know if that is because I was doing nothing with my life, but now I have got some purpose: I'm doing something I am really passionate about and it has just been everything to me.

Mentor: She is still that lively, loud, happy, positive, enthusiastic, energetic person that we all know in the room.