

Unit 7 – Focus on

1. How does music make you feel?

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Host Tom: Dear music lovers, this is Tom and Jenny presenting ‘Sounds of music’, the radio programme about “you and music”. Last week we asked you the question: “How does music make you feel?” and we received about a hundred phone calls. Didn’t we, Jenny?

Host Jenny: True, Tom! This question made you all react a lot! Here is a Top 3 of the greatest effects of music in your life. N°1, well, no surprise here, music... makes you feel better! Let’s first listen to Dave.

Dave: Hi guys, I’ve just bought Bruno Mars’s latest album – nice cover by the way –, and listening to it makes me feel so great! I just keep hitting the repeat button! If you feel low or something, listen to track 3, it will cheer you up in a second!

Host Jenny: N°2, music is... a great motivator! This is what May has to say.

May: The very first thing I do in the morning is turn on the radio. Music gives me the energy to get up! I think that good vibes, and especially soul music or RnB, can make us want to do a million things! Anything from Aretha Franklin to Beyoncé is just perfect!

Host Jenny: N°3, music is also a stress-reliever according to Colin.

Colin: Music is the best choice when I am worried. Playing the guitar always makes me relax, especially if it’s a tune by the Rolling Stones. But when I’m doing my homework, music doesn’t make me work better, I find it harder to concentrate.

Host Tom: Well, Jenny, it seems that music plays a major part in everybody’s life. Any other reactions?

Host Jenny: Sure, Tom! If you go on our website, you will discover that for some of you, music is also a “party-starter”, a “good friend” or just “background noise”.